

Different handling pMDI / DPI

pMDI		DPI
without spacer	with spacer	
Open the device or take off the cap		
Shake the inhaler		Don't shake the inhaler
Breath out slowly and almost fully		
		Away from inhaler
Seal your lips around mouthpiece or spacer mouthpiece		
Take a slow deep in and near the breath actuate the inhaler	After actuating the inhaler breath in	Breath in briskly, quickly and deeply until the lungs are full
Hold breath as long as comfortably you can		
Replace the cap or close the device		
Always keep a spare device or spare capsules		